



TABLE's FRESH Picks

Seasonal Favorites (March/April 2008)

Spring must haves

Snow White is the laundress of Pittsburgh. Snow White has it all: premium scents, baby washes for sensitive skin, allergy sensitive detergents, and filtered water washes. For a hygienic, safe, and gentle alternative to dry cleaning of fine linens, cashmere and everyday garments, give Snow White a call for pick-up or drop-off service. You can't beat that! 412.401.0022

BlueStar is the only genuine restaurant range for the home. Cook like a chef right from the comfort of your own home! Manufactured right here in PA, BlueStar gives you the most powerful burners on the market, as well as a gentle simmer burner which is just perfect when you need a touch of warmth. Color your kitchen with a Ruby Red BlueStar, and purchase them at Hillmon Appliance Distributors in Cranberry Township. 724.779.9393

Bring a dash of the west and a pinch of Italy to your kitchen. **Cristina's of Sun Valley** cookbook mixes together FRESH flavors and her own personal connection to her life spent growing up in Tuscany. Cristina's restaurant and bakery is located in Ketchum, Idaho, and is the perfect blend of good people, and wonderful traditions. The cookbook brings it all together with amazing recipes, and beautiful illustrations. A definite spring cooking must have: www.amazon.com.

Seasonally FRESH

Looking for the best lamb in the world? Look no further than **Ruggeri's Food Shoppe** in Squirrel Hill for this mouth-watering, local lamb from Elysian Fields farms, right here in our backyard from Greene County. While you're there, pick up all your fresh herbs, and other meats, fish, and veggies, which of course, are always fresh! 5878 Northumberland St. 412.521.0718

Located in Southwestern PA, **Heirloom Seeds** is a small, family run seed house has been in business since 1988, and since has had the fastest service in the seed business. Grow those same delicious tomatoes that grandma used to grow, in your own garden. Choose from a wide range of organic seeds to peppers and eggplants. Keep growing your old favorites, and add some new faces this spring! www.heirloomseeds.com to order your seeds today.

Enjoy a homemade slice of cheesecake, while enjoying the warmth of a beautiful spring day. Try a spring flavor like Orange Creamsicle, or Pina Colada and grab a cup of your favorite coffee drink, to wash it down. Stop in for a slice, or order a custom cheesecake to go! **Cheesecake Caffe** – Main Street, Irwin 724.863.3111

Spring into fun

Pick up a piece of jewelry, wood, glass, or perhaps an experimental design at **Fireborn Studios**, where everything is hand crafted right on the premises. Want to take a spin at crafting your own pottery? Sign up for an adult pottery class! Next time you're in the South Side, make sure to stop by at 2338 Sarah Street. 412.488.6835

Dark & Stormy, a "Jamaica's Finest Ginger Beer" is a great sweet and spicy mix of ginger beer and rum, making it an island favorite. Bottled here in Natrona Heights, you don't have to travel far to enjoy this springtime refreshment. Head over to Casbah on Highland Avenue in Shadyside, and sip on this refreshing, and unique treat! 229 S Highland Ave. 412.661.5656

Outlaw Studios are the masters of a limitless and raw material that we use daily, concrete. The artists at Outlaw Studios are known for using this organic, everyday material, and turning it into beautiful countertops (as well as floor staining and engraving). They truly turn a dull countertop into a work of art that reflects your unique taste. Check them out at 2420 Penn Avenue. 412.471.1085

Note: these are not reviews or paid endorsements. Recommendations based on personal experiences and personal preferences of affiliated contributors.